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### **Review Inteligenta emotionala si stilurile de conducere / Emotional Intelligence and Leadership styles FODOR Daniela Iulia 2009**

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**Review**  
**Inteligenta emotionala si stilurile de conducere /**  
**Emotional Intelligence and Leadership styles**  
**FODOR Daniela Iulia 2009**  
**(Editura Lumen / Lumen Publishing House - Romania)**

**Simona PONEA**

Organizational development is nowadays essential in the process of achieving high performance in various fields. Iulia Daniela Fodor author of the book "Emotional intelligence and leadership styles", published in 2009 at Editura Lumen / Lumen Publishing House, offers to readers the key elements necessary to achieve organizational success.

To lead an organization in an effective and profitable way could be only a "dream" for most of us, but in the same time is a necessity and almost mandatory. Market organizational evolved so fast and managers or leaders must be up to date with all the managerial "tricks", both theoretical or practical.

The author affirms that "leadership style is one of the factors that condition substantially the activities, processes and psychosocial phenomena in an synthetic ...."

Over six chapters, the author Iulia Daniela Fodor presents different aspects related to emotional intelligence and leadership styles applied in the XXI century. The book "Emotional intelligence and leadership styles", published by Lumen Lumen Publishing House, begins with a detailed description of the leadership process of organizations, presenting and analyzing certain aspects such as management functions, different organizational styles, emotional intelligence of leaders, or "leadership stress" so common in many organizations.

The management of an institution / organization consists "in a specific set of social relations involving psychosocial processes of authority, power, communication and influence." Management is a

system that continuously develops the human resources, financial or material resources that are available at the certain department from an organization.

As the author affirms "the real leaders are impressive, they arouse passions and stimulate all the best in people". A decisive factor in this equation can have emotional intelligence of the individual leader, which is intended to be tested and analyzed in this volume.

Organizational leaders are those who have great emotional impact on subordinates. Their ability to channel their emotional intelligence to her directions best "help" to work and act to the highest standards, he ranks at the expert leadership of senior professionals.

The author also notes that "emotional intelligence has applications in all areas of life, because knowing people how they work and communicate, is a skill that one can not do without" and more it is very useful at the organizational management...". For the organization to go well is necessary to pay attention to emotional skills of its members. "

These are just some details that recommend the volume of Iulia Daniela Fodor - "Emotional intelligence and management styles" published by Lumen Publishing House in July 2009.