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Techniques and Intervention Models, author Antonio
Sandu, LAP Lambert Publishing, 2013**

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Review of the volume *Social Work Practice: Research Techniques and Intervention Models*, author Antonio Sandu, LAP Lambert Publishing, 2013

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Abstract

*We aim at exposing the elements of originality from the volume *Social Work Practice: Research Techniques and Intervention Models*, and to emphasize the elements of novelty brought to the field of social work in the Romanian context. Is this volume a representative one in the social work practice? Could practitioners use this source of information in their own practice?*

Those are two of the questions for whose answers we review the volume in discussions.

Keywords: *review, Social Work Practice: Research Techniques and Intervention Models, Antonio Sandu, LAP Lambert Publishing.*

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Introduction

Volume *Social Work Practice: Research Techniques and Intervention Models* of the author Antonio SANDU, published at LAP Lambert Publishing treats in thirteen chapters specific themes on the social work field. We have discovered into this volume a pluralistic approach, starting from the philosophical perspective and origins of social work and going to practical approach, by analyzing specific methods and strategies in the field.

Volume review

Social Work Practice: Research Techniques and Intervention Models is a valuable work that combines with success divers perspectives in analysis of social work practice. Social work counselling represents one of the aspects intensively developed into this volume. The author is making an incursion into some key techniques of social work practice, by using arguments of social epistemology.

Within this volume it can be easily discovered important analysis of the advantage of using qualitative research or quantitative research in social and communication sciences, the author emphasizing the major differences between quantitative and qualitative approach .

The practitioner of social work will also be able to analyze the entire context of a developing social system and the alternative of using qualitative methods in their research.

Various theories in social work are reviewed and used by author Antonio Sandu in order to emphasize the complexity of the social approach and practice.

A representative part of the volume economy is used for expose the counselling practice, the author offers large information regarding this topic and introduces the reader into a powerful ethical dimension. Keeping the line drawn by the case work, the author explores different models of counselling in social work. Seen as a technique and not a purpose in itself, counselling is regarded as a specific form of intervention able to introduce a change through the client's involvement and changing his reference frame. The types of counselling offered by the author managed to capture different intervention models, dependent on different theories of intervention.

In order to make the author see the alternative in social intervention, the author exposes the differences between using a

“deficiency paradigm” in classic counselling model presentation that begins with awareness by the client of the existence of the problem and its dimensions, and the applications of Neuro Linguistic Programming in counselling, managing to highlight “the perspective of strengths” (Sandu, 2013, p.143).

The volume approach is a highly scientific and useful one in the context of a Romanian social work system that needs continuous improvements in order to respond better to their clients. The author proposes a set of instruments used in social work, which is indeed at a theoretical level, an overview of what could happen in order to have an efficient social system. This overview is an advantage for social work practitioners who can build significant guiding marks generating social practice.

Conclusions

We consider that the volume intent can meet the needs of practitioners in the field of social work and can be a useful reading for opening new approaches to intervention and social change. In order to offer an answer to our initial questions, we consider that *this volume is a representative one in the social work practice, being a real support for practitioners who can use this source of information in their own practice.*

Bibliography

Sandu, A., (2013). *Social Work practice: Research Techniques and Intervention Models*, Lap Lambert Publishing, Germany.